

HEP

HEPATITIS C LAB TRACKER

Use this tool to help you keep track of common lab test results, particularly during hepatitis C (HCV) treatment. Ask your medical provider for copies of your results. Your provider should do the lab interpretations; do not interpret results on your own. Since many people have abnormal lab results while they are taking HCV medications, this is not necessarily cause for alarm. An abnormal result may not be clinically significant, and providers often look for trends rather than single results. If you have any concerns, bring these to your provider's attention. Space is provided for additional labs you may want to track.

HCV genotype _____ Date of last liver biopsy or fibrosis test _____ Fibrosis level _____ MELD score _____

Date	ALT	AST	Bili	Alb	HGB	WBC	PLT	PT/INR	HCV RNA	Weight				

ALT = alanine aminotransferase (liver enzyme) **HGB** = hemoglobin (oxygen capacity of red blood cell) **HCV RNA** = hepatitis C viral load
AST = aspartate aminotransferase (liver enzyme) **WBC** = white blood cells **MELD** = Model for End-Stage Liver Disease
Bili = bilirubin (liver function test) **PLT** = platelets (measures clotting ability) (used for those on transplant list)
Alb = albumin (liver function test) **PT/INR** = prothrombin time (clotting speed)