HEPATITIS C LAB TRACKER

Use this tool to help you keep track of common lab test results, particularly during hepatitis C (HCV) treatment. Ask your medical provider for copies of your results. Your provider should do the lab interpretations; do not interpret results on your own. Since many people have abnormal lab results while they are taking HCV medications, this is not necessarily cause for alarm. An abnormal result may not be clinically significant, and providers often look for trends rather than single results. If you have any concerns, bring these to your provider’s attention. Space is provided for additional labs you may want to track.

<table>
<thead>
<tr>
<th>HCV genotype</th>
<th>Date of last liver biopsy or fibrosis test</th>
<th>Fibrosis level</th>
<th>MELD score</th>
</tr>
</thead>
</table>

<table>
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<tr>
<th>Date</th>
<th>ALT</th>
<th>AST</th>
<th>Bili</th>
<th>Alb</th>
<th>HGB</th>
<th>WBC</th>
<th>PLT</th>
<th>PT/INR</th>
<th>HCV RNA</th>
<th>Weight</th>
</tr>
</thead>
</table>

ALT = alanine aminotransferase (liver enzyme)
AST = aspartate aminotransferase (liver enzyme)
Bili = bilirubin (liver function test)
Alb = albumin (liver function test)
HGB = hemoglobin (oxygen capacity of red blood cell)
WBC = white blood cells
PLT = platelets (measures clotting ability)
PT/INR = prothrombin time (clotting speed)
HCV RNA = hepatitis C viral load
MELD = Model for End-Stage Liver Disease (used for those on transplant list)